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Patricia Gallegos, PhD, has taught mental health, and has worked in the public health field for over 20 years. She has also worked in community health services and research initiatives for the University of Southern California and UCLA. She has published on mental health and substance use outcomes for low-income populations and, most recently, on disparities in media portrayals of underrepresented individuals.

Dr. Gallegos was educated at Phillips Exeter Academy in New Hampshire and at Pomona College in California. She received her masters and doctoral training from DePaul University and from the University of Illinois at Chicago.

Dr. Gallegos has presented and trained on Dr. Stephanie Covington's gender-responsive, trauma-informed programs and has facilitated *Healing Trauma* and *Beyond Violence* in the California Department of Corrections and Rehabilitation.